

Global Learning Semesters

Course Syllabus

Course: TRVL-240 Leisure and Recreation

Department: Hospitality and Tourism

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
TRVL-240	Leisure and Recreation	3
Semester Offered	Contact Hours	Prerequisites
Fall	42	TRVL-105 or HOSP-100
Department	Level of Course	Language of Instruction
Hospitality and Tourism	Lower Division	English

Course Description

The course reviews the theories that set the basis for play, leisure and recreation and analyses their role in society. The value of recreation is explored in relation to the social and cultural values, and the economic impact is considered. The input of public and commercial organizations is investigated. Recreation management as a profession is covered.

Instructor

Dr. Nicos Kartakoulis

Course Aims and Objectives

To enable students to understand the need, the value and the delivery of effective recreation services to meet the leisure needs of the society for a better quality of life.

Teaching Methods

The course is delivered through lectures, field trips and guest speakers.

Course Teaching Hours

42 hours (lectures). The course is delivered during the Fall semester over a 14-week period (3 hours / week).

Evaluation and Grading

Class Participation:	10%
Report:	20%
Mid-term:	30%
Final Exam:	40%

Readings and Resources

Required Textbook

Sessoms, H. D. and Henderson, K, A, Introduction to Leisure Services, Prentice Hall.

Recommended Reading

Swarbrooke, J, The Development of Visitor Attractions.

Roberts, I, Leisure and Recreation. Heinemann.