

Global Learning Semesters

Course Syllabus

Course: PSY-582 Marital and Family Therapy

Department: Social Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
PSY-582	Marital and Family Therapy	3
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	Graduate Standing
Department	Level of Course	Language of Instruction
Social Sciences	Upper Division	English

Course Description

This course will enable students to deal with cases of marital and family therapy. The course involves all theories and perspectives related to the treatment of marital and family issues such as the psychoanalytic behavioral and humanist.

Prerequisites

Graduate Standing

Topic Areas

1. Historical context of marital and family therapy, twentieth century trends in marriage and marital therapy, a framework of family therapy.
2. The conceptualization of marriage and family dynamics from a psychoanalytic perspective. Marital therapy from a psychoanalytical perspective, psychoanalytic family therapy, genograms and the family life cycle.
3. Marital and family therapy from a humanistic perspective, experimental family therapy, family life cycle.
4. The conceptualization of marriage from a behavioral perspective, marital and behavioral therapy from a behavioral perspective, behavioral family therapy and divorce cycle.
5. The conceptualization of marriage from a system theory perspective, marital and family therapy from a system theory perspective, communications family therapy.
6. Strategic family therapy, goals of therapy, normal family development, development of behavior disorders, techniques, research on the effectiveness of marital and family therapy.
7. Structural family therapy, theoretical formulations, goals and techniques of therapy, comparative analysis and critique.

Readings and Resources

Required Textbooks

- Paolino T J McCrady, Marriage and Marital Therapy, Psychoanalytic, Behavioral and Systems theory perspectives", New York, 1978, Brunner/Mazel Publishes.
- Nichols M "Family therapy, Concepts and Method", New York, 1984, Gardner Press inc.
- Carter, B McGoldrick M "The Changing Family Life Cycle", New York 1988, Gardner Press inc.