

Global Learning Semesters

Course Syllabus

Course: PSY-575 Group Psychotherapy: Theory and Practice

Department: Social Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
PSY-575	Group Psychotherapy: Theory and Practice	3.7
Semester Offered	Contact Hours	Prerequisites
Spring	42	Graduate Standing
Department	Level of Course	Language of Instruction
Social Sciences	Upper Division	English

Course Description

This course will introduce the students to basic concepts and techniques associated with major approaches to group psychotherapy. Students will be introduced to this field through didactic lectures, video presentations, group discussion, written assignments, and class exercises.

Instructor

Michaela Buck, PhD

Course Aims and Objectives

This course is intended to promote an understanding of the basic concepts and techniques of the major contemporary group psychotherapeutic approaches.

Teaching Methods

Lectures, discussions, group work, videos, demonstrations, projects and the analysis of group dynamic..

Course Teaching Hours

42 hours. The course is delivered during the Spring semester in 14-weeks (3 hours/week).

Evaluation and Grading

Midterm exam:	30%
Final Exam:	30%
Assignment:	30%
Participation in the group work:	10%

Readings and Resources

Required Textbook

Yalom L. (1998) *The Theory and Practice of Group Psychotherapy*. NY: Basic Books