

Global Learning Semesters

Course Syllabus

Course: PSY-544 Brief Therapy/Crisis Intervention

Department: Social Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
PSY-544	Brief Therapy/Crisis Intervention	3.7
Semester Offered	Contact Hours	Prerequisites
Spring	42	None
Department	Level of Course	Language of Instruction
Social Sciences	Upper Division	English

Course Description

Special attention will be given to solution focused, strategic and structural approaches to brief therapy. Readings, role play, video and classes discussion will be used to teach theory, assessment and intervention. Students will be encouraged to develop a personal style and incorporates principles from solution focused and systemic principles.

Instructor

Maria Karekla, PhD

Course Aims and Objectives

The primary goal of the course is to orient graduate students to the general issues and theories related to crisis intervention and brief therapy, to provide them with detailed information regarding specific areas of crisis and therapeutic responding, and to offer them an interactive format whereby they will observe, develop, and use effective crisis management and brief therapy techniques.

Teaching Methods

Lectures, discussions, lab works, assigned readings, demonstrations, projects, video films, role plays.

Course Teaching Hours

42 hours. The course is delivered during the Spring semester in 14-weeks (3 hours/week).

Evaluation and Grading

Midterm exam:	20%
Final Exam:	30%
Final project:	20%
Case studies:	30%

Readings and Resources

Required Textbook

Budman, S. H., & Gurman, A.S. (1998). *Theory and Practice of Brief Therapy*. New York: The Guilford Press
James, R.E., & Gilliland, B.E. (2001). *Crisis Intervention Strategies*. Belmont, CA: Brooks/Cole.