

## Global Learning Semesters

### Course Syllabus

Course: PSY-360 Adult Development and Aging

Department: Social Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
PSY-360	Adult Development and Aging	3
Semester Offered	Contact Hours	Prerequisites
Spring	42	PSY 110 and PSY 111, PSY-220
Department	Level of Course	Language of Instruction
Social Sciences	Upper Division	English

### Course Description

Students will study research techniques, theoretical approaches, memory, intelligence, personality, social forces, and psychopathology. The course will emphasize both the role of empirical research and the central importance of developmental theory in producing a viable psychology of aging across the three large age-groupings of the adult life span: young adulthood, middle adulthood, and old age.

### Instructor

Steven Price

### Course Aims and Objectives

The course is designed to give students an accurate understanding of the psychological changes that people experience as they grow older. Using an interdisciplinary orientation, this course covers topics involving biological, cognitive, emotional, behavioral, and social aspects of development during this part of the life cycle. The course will emphasize the need for identifying the ever-changing relationships between the individual and society that help to shape the experience of aging.

### Teaching Methods

Lectures, discussions, lab and or field work, assigned readings, projects, video films, group work and role play.

### Course Teaching Hours

42 hours. The course is delivered during the Spring semester in 14-weeks (3 hours/week).

### Evaluation and Grading

Midterm exam: 20%  
Final Exam: 35%

Final project: 30%  
Group work, reports: 15%

## Readings and Resources

### **Required Textbook**

Turner, J.S., & Helms. D.B. (1994) Contemporary Adulthood, 5th ed. Fort Worth, Harcourt Brace.