

Global Learning Semesters

Course Syllabus

Course: NUR-410 Provision of Nursing Care VII

Department: Life and Health Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
NUR-410	Provision of Nursing Care VII	5
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	Series NUR-110 to NUR-320 and NUR-115 to NUR-325
Department	Level of Course	Language of Instruction
Life and Health Sciences	Upper Division	English

Course Description

The course is designed to cover a broad range of conditions concerning actual and potential health problems of adult patients/clients suffering from chronic and degenerative diseases requiring continuing care in hospital/clinic settings as well as in the community. The course will enable students to develop further knowledge and skills to care for these patients/clients. Pathogenesis will be explored and the causes, signs and symptoms will be discussed and integrated with principles of nursing to plan holistic individualised patient care. Emphasis is on care not cure. Treatment modalities will also be addressed. The course format is 5h/week lectures on theory, 2.2h/week conferencing with demonstrations discussions on applications of theory and 7.2h/week laboratory clinical experience which includes focus guides and instructions (2.5h/week) and student engagement in Professional Skill Activities (4.7h/week). Clinical Placement/Evaluation 5 weeks. The students will be now spending longer periods of times in clinical practice than in College, developing their caring skills and advancing critical thinking, using Evidence based practice.

Prerequisites

Series NUR-110 to NUR-320 and NUR-115 to NUR-325

Topic Areas

Nursing:

1. Continuing care definitions and principles. Therapeutic Relationships
2. Evidence based care related to chronic illness and continuing care: mobility, continence, feeding, hydration
3. Care of those with a variety of chronic illness e.g. diabetes mellitus, CVA,
4. Cognitive impairment brain disorders, end stage renal failure, respiratory conditions (CPOD). Dementia
5. Nursing those with cancer

Communication:

6. Communication challenges within multidisciplinary team
7. Communication with dying and the bereaved

Biological Perspectives:

8. Biological basis of problem and care of clients with CVA
9. Overview of degenerative brain disorders
10. The nature of cancer; Radiotherapy and chemotherapy

11. Chronic pain and related pharmacology

Psychosocial perspectives:

12. Adaptation to chronic illness. Continuing care and mental health/illness
13. Culture and the end of life

Professional practice:

14. Compliance and non compliance
15. Death and dying

Conferencing Topics

During conferencing the students will be discussing the fundamental knowledge and skills they must develop, with reference to specific examples and as to how this knowledge is applied to practice setting.

1. Care of those with impaired mobility
2. Evidence based symptom management
3. Loss associated with life style changes
4. Care of the dying and palliative care
5. Managing practice in shared care
6. Use of informatics in research
7. Evaluation of care
8. Health, recreation, education, exercise in continuing care

Research paper: The student can write a 2-3 pages papers (six in total) on a chosen conference topic of the week or a 6-7 page referenced research paper (3 in total).

Group Assignment: Students may work in small groups to prepare one presentation paper on a selected specific disease topic using for their discussions at least three reference papers

Learning Exercises

1. Discussion and presentations of case studies from students own clinical experiences in the care of patients with chronic/degenerative illness
2. Using Evidence-based learning approaches the students present their chosen cases and share learning with peers.
3. Peer review

Professional Learning Activity (PLA), attendance and documentation. The students have to present at the end of the semester the completed forms of assigned PLA for the semester. The PLA should contain: the title of the activity accomplished, the place and time of the offering, the key points of the activity and description of the application to nursing management.

Assignments:

a) Clinical: Assignments are given to the student three days in advance. The student has to prepare a clinical pathway of care and present in a written and verbal manner as requested by the clinical faculty in the morning of the placement commencing day. Assessment and appraisal of the client's pathway continues during the clinical assignment. Students may be asked to participate in peer review of clinical pathways.

Clinical conference: At the end of each clinical session the student has a conference with the clinical faculty/instructor. The student portion of the evaluation form has to be completed by the student first.

b) Anecdotal evaluation: The anecdotal evaluation of the previous week's clinical experiences has to be handed in Monday morning and includes the following:

1. Self evaluation
2. Evaluation of personal and professional goals achieved during the previous week

3. Degree of accomplishment of goals and future plans to further develop these goals
4. Critique of client's progress or lack of it
5. Collaboration with the health care team in the care of client.

Clinical portfolio:

Student's course work during the year is placed in a clinical portfolio by semester and is part of the clinical evaluation. For each course the minimum requirements are the students' skills schedules, one PLA attendance and documentation record, one evidence-based nursing care plan per course.

Readings and Resources

Required Textbooks

1. Altschuler, J. (1997) *Working with Chronic Illness*. Basingstoke: Macmillan.
2. Bandman, E. and Bandman, B. (1995) *Nursing Ethics Through the Lifespan*. 3rd ed. London: Prentice Hall.
3. Beauchamp, T. and Childress, J. (1994) *Principles of Biomedical Ethics*. 4th ed. Oxford: Oxford University Press.
4. Bell, J. (1999) *Doing Your research Project*. 3rd ed. Buckingham: Open University Press.
5. Bouras, N. (ed) (1999) *Psychiatric and Behavioural Disorders in Developmental Disability and Mental Retardation*. Cambridge: Cambridge University.
6. Brearley, G. and Birchley, P (1994) *Counselling in Disability and Illness*. London: Mosby
7. Burstow, J. (1992) *Radical Feminist Therapy*. London: Sage
8. Challinor, P. and Sedgewick, J. (1998) *Principles and Practice of Renal Nursing*. Cheltenham: Stanley Thornes.
9. D'Ardenne, P. and Mahtani, A. (1999) *Transcultural Counselling in Action*. 2nd^d ed. London: Sage
10. Dimond, B. (1995) *Legal Aspects of Nursing*. 2nd ed. London: Prentice-Hall.
11. Dunning, T. (1994) *Care of People with Diabetes*. Oxford: Blackwell Science.
12. Faull, C., Carter, Y. and Woof, R. (eds.) (1998) *Handbook of Palliative Care*. Oxford: Blackwell Science.

Recommended Textbooks

1. Gates, B. (ed.) (1997) *Learning Disabilities*. 3rd ed. Edinburgh: Churchill Livingstone
2. Hooper, D. and Dryden, W. (eds) (1991) *Couple Therapy*. Milton Keynes: Open University Press
3. Johnstone, M. J. (1999) *Bioethics*. 3rd ed. Philadelphia: W.B. Saunders.
4. Lewis, C. J. (1998) *Medical Negligence: a Practical Guide*. 4th ed. London: Butterworth.
5. Lundy-Ekman, L. (1998) *Neuroscience: Fundamentals for Rehabilitation*. Philadelphia: W.B. Saunders.
6. Mappes, T. and DeGrazia, D. (1996) *Biomedical Ethics*. New York: McGraw-Hill.
7. Murray-Parkes, C. Laungani, P. and Young, B. (eds) (1997) *Death and Bereavement Across Cultures*. London: Routledge.
8. Nelson-Jones, R. (1996) *Relating Skills: A Practical Guide to Effective Personal Relationships*. 2nd ed. London: Cassell
9. Nichols, K. (1993) *Psychological Care in Physical Illness*. 2nd ed. London: Chapman and Hall.
10. Norman, I.J. and Redfern, S.J. (eds.) (1997) *Mental health Care for Elderly People*. Edinburgh: Churchill Livingstone.
11. Otto, S E. (1997) *Oncology Nursing*. 3rd ed. St. Louis: Mosby-Year Book.
12. Parahoo, K. and Reid, N. (1984) *Research Skills: Writing a Research Proposal*. *Nursing Times* 84 (41) p.49-52.
13. Pickering, S. J. and Thompson J S. (eds.) (1998) *Promoting Positive Practice in Nursing Older People*. London: Ballière Tindall.
14. Pitts, M. and Phillips, K. (eds.) (1998) *The Psychology of Health*. 2nd ed. London: Routledge.
15. Redfern, S. J. and Ross, F M. (Eds) (1999) *Nursing Older People*. 3rd ed. Edinburgh: Churchill Livingstone
16. Russell, G. (1999) *Essential Psychology for Nurses and other Health Professionals*. London: Routledge.
17. Seaman, C. C. and Verhonic, P.J. (1982) *Research Methods for Undergraduates in Nursing*. New York: Appleton-Century-Crofts.
18. Sheldon, F. (1997) *Psychosocial Palliative Care*. Cheltenham: Stanley Thornes.
19. Worden, J. (1991) *Grief Counseling and Grief Therapy: A Handbook for the Mental Health Practitioner*. 2nd ed. London: Routledge
20. Wright, C. J. (1989) *Product Liability: the Law and its Implications for Risk Management*. London: Blackstone.

