

Global Learning Semesters

Course Syllabus

Course: NUR-325 Management of Care VI

Department: Life and Health Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
NUR-325	Management of Care VI	4
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	NUR-310, NUR-315
Department	Level of Course	Language of Instruction
Life and Health Sciences	Upper Division	English

Course Description

The focus of the course is nursing care of patients of all ages experiencing interference with psychosocial functioning and psychiatric illness. The course emphasizes the development of critical thinking, through holistic and humanistic approaches. It teaches the student to develop appropriate nursing competencies and total management of patient care through the use of the nursing process with emphasis on evaluation. The course format is 5h/week lectures/conferencing and 2.2h/week student engagement in professional learning activities.

To gain practical experience the student will be allocated in a clinical area that cares for mentally ill patients.

Prerequisites

NUR-310, NUR-315

Topic Areas

1. Foundations of Psychiatric/mental health nursing
2. Student issues related to clients and the environment
3. Theoretical perspectives, legal/ethical issues, cultural issues.
4. Anxiety and related illnesses
5. Mood disorders: Depression and mania, schizophrenias.
6. Personality disorders; substance related disorders
7. Delirium, dementia
8. Cognitive disorders; sexual disorders; adjustment disorders
9. Eating disorders, Childhood and adolescence disorders.
10. Therapeutic modalities: crisis intervention
11. Interactive therapies and method of implementation
12. Psychopharmacology and other therapies
13. Survivors of violence/suicide/grief and loss
14. Physiologic aspects of mentally ill clients and their implications for the wellbeing of the patient/client.

Conferencing Sessions

During conferencing through student presentations or discussion, the student demonstrates knowledge and skills with specific examples as to how the knowledge from case studies research and epidemiological studies is applied to practice settings in management of care.

1. Psychological concepts, human needs, thoughts, feelings and behaviour, stress and anxiety, conflict, frustration and coping
2. Psychiatric mental health nursing practice concepts: therapeutic communication, and individual counseling
3. Psychosocial assessment and planning of care
4. Group dynamics and therapeutic groups
5. Stress management
6. Crisis theory and intervention
7. Biological therapies; Pharmacotherapies
8. Personality traits, styles and disorders
9. Disorders of developmental period (children, adolescence, adults and the elderly)
10. Clients with substance –related and eating disorders
11. Clients with anxiety, somatoform and dissociative disorders
12. Clients with affective disorders, suicide and grief
13. Trauma, violence, abuse sexual disorders and impulse control disorders

Research paper: The student can write a 2-3 pages papers (six in total) on a chosen conference topic of the week or a 6-7 page referenced research paper (3 in total).

1. Discussion and presentations of case studies from students own clinical experiences in mental health setting
2. Using Evidence-based learning approaches the students present their chosen cases and share learning with peers.
3. Peer review

Professional Learning Activity (PLA), attendance and documentation. The students have to present at the end of the semester the completed forms of assigned PLA for the semester. The PLA should contain: the title of the activity accomplished, the place and time of the offering, the key points of the activity and description of the application to nursing management.

Readings and Resources

Required Textbooks

1. American Psychiatric Association (2000) Quick Reference to the diagnostic Criteria, 1st ed. Amer Psychiatric Pr.
2. Fortinash, M.K., Holoday-Worret, P.A (2000) Psychiatric Mental Health Nursing, 2nd ed. Mosby, New York, London
3. Matthew, M.D. Eshelman, E.R., (2000) The relaxation & Stress Reduction Workbook, 5th ed. New Harbinger Pubns

Recommended Textbooks

1. Aiken, L. (2002) Attitudes and Related Psychosocial constructs: Theories, Assessment and research, sage Publications, London, New York
2. Bourne, E.J. (2000) The anxiety and phobia workbook, 3rd ed. New Harbinger
3. Benner Carson, V. (2000) Mental health Nursing: The Nurse Patient Journey, 2nd ed. , W.B. Saunders
4. Ellis, R.J., Hartley, C.L., Berger, C. (2000) Managing and Coordinating Nursing Care, 3rd ed. Lippingott, Williams & Wilkins