

# Global Learning Semesters

## Course Syllabus

Course: NUR-125 Management of Care II

Department: Life and Health Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
NUR-125	Management of Care II	4
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	BIOL-106, CHEM-104, NUR-120
Department	Level of Course	Language of Instruction
Life and Health Sciences	Lower Division	English

### Course Description

The aims of the course are to introduce to the students to the management of care of patients in childbearing and in childrearing families. The interrelationship of the biological, psychological, sociocultural and spiritual dimensions; human needs; life cycle; health; and nursing are considered in management of care. Critical thinking skills are applied and enhanced through the use of management of care and exploration of the legal/ethical dilemmas when caring for patients and their families. Introduction to professional nursing issues and practices is integrated throughout the course with emphasis on the planning and implementing aspects of the nursing process. Effective, therapeutic and technological communications skills are employed. The course format is 5h/week lectures, 2.2h/week learning experience

### Prerequisites

BIOL-106, CHEM-104, NUR-120

### Topic Areas

#### I. Integral Aspects of Nursing Management

1. Caring, comforting, communicating; ending professional relationship
2. Teaching patients and family; health promotion across the life span; children accident prevention. Mental health-physical health interface.
3. Developing practitioner: role of assessment and goal setting.

#### II. Legal Issues

1. Data protection Act. Equal Opportunity Law and Nursing. Government policy in relation to families, users and carers.

#### III. Professional/Ethical Issues

4. Autonomy of the older people, people with disabilities
5. Maternity and Reproductive Ethics (ante-, during and post natal care).
6. Professional/ Ethical issues in child care. Children's Act.
7. Legal/Ethical and Professional frameworks related to Mental Health and Community Care.

## 8. Record keeping

### Conferencing

During conferencing there are student presentations or discussions of the fundamental knowledge and skills the student must develop with reference to specific examples of how the knowledge is applied.

1. Communication skills (including for later life); breakaway techniques.
2. The family nursing process: leading, managing and influencing change.
3. Family communication, patterns and processes (power, roles, values).
4. Preparing patient for hospitalization; preparation to go home.
5. Care of clients expressing acute and chronic health conditions; teaching families to care.
6. Autism and dealing with social self-expression.
7. Multi-agency care for disabilities; advocacy and vulnerable people.
8. Pain relief management during pregnancy.
9. Observation assessment in nursery.
10. Mental health care settings. Assessment and planning of mental health care.
11. Challenging behavior Management of psychiatric emergency.
12. Use efficiently resources and learn to collaborate in the management of client care plan.

Research Paper: Students can write a 2-3 page papers (6 in total) on a chosen Conference topic of the week or a 6-7 page research paper (3 in total) with references.

### Learning Exercises

1. Patient focused case scenarios approaches to learning (problem presentation and facilitation)
  - Adult
  - Child
  - Maternity
  - Mental health
2. Reading and reviewing research in nursing

Professional Learning Activity (PLA) attendance and documentation. The student has to present at the end of the semester the completed forms of assigned PLA for the semester: The PLA form should contain: the title of the activity accomplished, the place and time of offering, the key points of the activity and description of the application to nursing management.

## Readings and Resources

### Required Textbooks

1. Altschuler, J. (1997) *Working with Chronic Illness*. Basingstoke: Macmillan.
2. Bouras, N. (ed) (1999) *Psychiatric and Behavioural Disorders in Developmental Disability and Mental Retardation*. Cambridge: Cambridge University.
3. D'Ardenne, P. and Mahtani, A. (1999) *Transcultural Counselling in Action*. 2nd<sup>d</sup> ed. London: Sage.
4. Faull, C., Carter, Y. and Woof, R. (eds.) (1998) *Handbook of Palliative Care*. Oxford: Blackwell Science.
5. Lundy-Ekman, L. (1998) *Neuroscience: Fundamentals for Rehabilitation*. Philadelphia: W.B.Saunders.
6. Pickering, S. J. and Thompson J S. (eds.) (1998) *Promoting Positive Practice in Nursing Older People*. London: Ballière Tindall.
7. Otto, S E. (1997) *Oncology Nursing*. 3rd ed. St. Louis: Mosby-Year Book

### Recommended Texts

1. Bandman, E. and Bandman, B. (1995) *Nursing Ethics Through the Lifespan*. 3rd ed. London: Prentice Hall.

2. Beauchamp, T. and Childress, J. (1994) Principles of Biomedical Ethics. 4th ed. Oxford: Oxford University Press.
3. Bell, J. (1999) Doing Your research Project. 3rd ed. Buckingham: Open University Press.
4. Rearley, G. and Birchley, P (1994) Counselling in Disability and Illness. London: Mosby.
5. Burstow, J. (1992) Radical Feminist Therapy. London: Sage
6. Challinor, P. and Sedgewick, J. (1998) Principles and Practice of Renal Nursing. Cheltenham: Stanley Thornes.
7. Dimond, B. (2002) Legal Aspects of Nursing. 3rd ed. London: Prentice-Hall.
8. Dunning, T. (1994) Care of People with Diabetes. Oxford: Blackwell Science.
9. Gates, B. (ed.) (1997) Learning Disabilities. 3rd ed. Edinburgh: Churchill Livingstone.
10. Hooper, D. and Dryden, W. (eds) (1991) Couple Therapy. Milton Keynes: Open University Press.
11. Johnstone, M. J. (1999) Bioethics. 3rd ed. Philadelphia: W.B. Saunders.
12. Lewis, C. J. (1998) Medical Negligence: a Practical Guide. 4th ed. London: Butterworth.
13. Mappes, T. and DeGrazia, D. (1996) Biomedical Ethics. New York: McGraw-Hill.
14. Murray-Parkes, C. Laungani, P. and Young, B. (eds) (1997) Death and Bereavement Across Cultures. London: Routledge.
15. Nelson-Jones, R. (1996) Relating Skills: A Practical Guide to Effective Personal Relationships. 2nd ed. London: Cassell.
16. Nichols, K. (1993) Psychological Care in Physical Illness. 2nd ed. London: Chapman and Hall.
17. Norman, I.J. and Redfern, S.J. (eds.) (1997) Mental health Care for Elderly People. Edinburgh: Churchill Livingstone.
18. Parahoo, K. and Reid, N. (1984) Research Skills: Writing a Research Proposal. Nursing Times 84 (41) p.49-52.
19. Pitts, M. and Phillips, K. (eds.) (1998) The Psychology of Health. 2nd ed. London: Routledge.
20. Redfern, S. J. and Ross, F M. (Eds) (1999) Nursing Older People. 3rd ed. Edinburgh: Churchill Livingstone.
21. Russell, G. (1999) Essential Psychology for Nurses and other Health Professionals. London: Routledge.
22. Seaman, C. C. and Verhonic, P.J. (1982) Research Methods for Undergraduates in Nursing. New York: Appleton-Century-Crofts.
23. Sheldon, F. (1997) Psychosocial Palliative Care. Cheltenham: Stanley Thornes.
24. Worden, J. (1991) Grief Counseling and Grief Therapy: A Handbook for the Mental Health.
25. Wright, C. J. (1989) Product Liability: the Law and its Implications for Risk Management. London: Blackstone Practitioner. 2nd ed. London: Routledge