

Global Learning Semesters

Course Syllabus

Course: NUR-120 Provision of Nursing Care II

Department: Life and Health Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
NUR-120	Provision of Nursing Care II	5
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	NUR-125, BIOL-106
Department	Level of Course	Language of Instruction
Life and Health Sciences	Lower Division	English

Course Description

The aims of the course are to introduce the students to the nursing care of patients within the family, in childbearing and in childrearing families. The interrelationship of the biological, psychological, sociocultural and spiritual dimensions; human needs; life cycle; health; and nursing are further developed. Critical thinking skills are applied and enhanced through the use of nursing process when caring for patients and their families. The course explores the nursing role of teaching patients and their families. Introduction to professional nursing issues and practices is integrated throughout the course with emphasis on assessment and nursing diagnosis phases of the nursing process. Effective, therapeutic and technological communications skills are employed. The student will be expected to apply nursing skills and knowledge to promote family function and growth. Students will have opportunities to interact with children and adults and their families. The course format is 5h/week lectures on theory, 2.2h/week conferencing with demonstrations discussions on applications of theory and 7.2h/week laboratory clinical experience which includes focus guides and instructions (2.5h/week) and student engagement in Professional Skill Activities (4.7h/week). Clinical Placement/Evaluation 3 weeks.

Prerequisites

NUR-125, BIOL-106

Topic Areas

I. Theoretical foundations of family nursing.

1. The social history of the modern family; cultural needs; psychological aspects of families. Family Stress, coping and adaptation
2. Structural-Functional Theory, Developmental Theory, Systems Theory
3. Social organization of child birth; positive parenting; attachment and loss.
4. Social construction of child abuse
5. Stigma and its effect on care; aging and stigma

II. Family Nursing

1. Family affective function, socializing function and health care function in nursing. Perception of health.
2. The expectant family and the family in childbirth. Nursing needs and care. Adolescent pregnancy.
3. Community based teaching for childbearing families

III. Maternity and the Newborn

1. Care of the mother in labor: antepartal, intrapartal and post-partal complications. Types of delivery
2. Care of the newborn; feeding, risks, nutrition
3. Common childhood infections and acute health problems of children
4. Health promotion in the childhood years (nutrition, play and development).

IV. Mental Health

1. Sociology of mental health
2. Mental Health and altered status in children

Conferencing Topics

During conferencing there are student presentations or discussions of the fundamental knowledge and skills the student must develop with reference to specific examples of how the knowledge is applied.

1. Assessing Psychosocial Health, activities of daily living
2. Assessing Family, Culture and Environment
3. Assessing infants, children and Adolescents
4. Assessing in Special situations; acute and chronic illnesses
5. Promoting Healthy skin; promoting continence; complications of bed rest
6. Caring for normal neonates and those with health complications; acute health problems in childhood
7. Mother and baby; common childhood infections
8. Nutrition through the life span
9. Diagnostic blood tests.
10. Drug dependence and its relevance to care
11. Therapeutic relationships and interpersonal skills
12. Nursing process recordings; Research in nursing

Research Paper: Students can write a 2-3 page papers (6 in total) on a chosen Conference topic of the week or a 6-7 page referenced research paper (3 in total).

Group Assignment: Students may work in small groups to prepare one presentation paper on a selected specific disease topic using for their discussions at least three reference papers

Laboratory Exercises

1. The health assessment interview and health history; physicians offices: Interviewing, communicating, recording, Legal and ethical considerations
2. Physical examination: assessing vital signs, shift assessment, Roles and Relationships; Stress and Coping
3. Oxygen therapy and chest physiotherapy
4. Airway Maintenance and basic life support
5. Emergency Measures for Life support, ambulation
6. Acute Hospital settings, pediatric cardiopulmonary resuscitation
7. Labor and delivery; mother and baby
8. Orthopedics Measures
9. Support Surfaces and Special Beds
10. Insertion of nasogastric tube and gastric lavage
11. Oral nutrition;
12. Enteral and Parenteral Nutrition

Health Assessment Presentation: Each week during the laboratory sessions the student has to give a physical health assessment presentation (20-30 min) for one of the systems as specified in the Guide Mosby's Pocket Guide Health Assessment with reference to equipment needed and using internet web site links and other information resource materials for reference. The presentation is evaluated for a) knowledge, scope and depth of

content b) Information and demonstration techniques that can be used for the physical assessment c) creative teaching and learner participation d) professionalism of presentation.

Clinical Skills Schedule: The schedule is completed and competencies evaluated by the student and is shown to the personal tutor of the student once in the middle and at the end of the semester, so that progress on skill acquisition is monitored.

Clinical placement (two weeks) and evaluation (one week):

Assignments:

a) Clinical: Assignments are given to the student three days in advance. The student has to prepare a clinical pathway of care and present in a written and verbal manner as requested by the clinical faculty in the morning of the placement commencing day. Assessment and appraisal of the client's pathway continues during the clinical assignment. Students may be asked to participate in peer review of clinical pathways.

Clinical conference: At the end of each clinical session the student has a conference with the clinical faculty/instructor. The student portion of the evaluation form has to be completed by the student first.

b) Anecdotal evaluation: The anecdotal evaluation of the previous week's clinical experiences has to be handed in Monday morning and includes the following:

1. Self evaluation
2. Evaluation of personal and professional goals achieved during the previous week
3. Degree of accomplishment of goals and future plans to further develop these goals
4. Critique of client's progress or lack of it
5. Collaboration with the health care team in the care of client.

Clinical Portfolio

Student's course work during the year is placed in a clinical portfolio by semester and is part of the clinical evaluation. For each course the minimum requirements are the students' skills schedules, one PLA attendance and documentation record, one evidence-based nursing care plan per course.

Readings and Resources

Required Textbooks

1. Physical Exam/Health Assessment(Book with CD-ROM) by Carolyn Jarvis, Kevin Strandberg (Photographer), Pat Thomas (Illustrator), Jarvis Publisher: W B Saunders Co; 3rd edition (December 3, 2001) ISBN: 0721697690
2. Health Assessment: A Nursing Approach by Jill Fuller, Jennifer Schaller-Ayers Publisher: Lippincott Williams & Wilkins Publishers; 3rd edition (January 15, 2000) ISBN: 0781715660
3. Maternity Nursing: Family, Newborn, and Women's Health Care by Sharon J. Reeder, Leonide L. Martin, Deborah Koniak Publisher: Lippincott Williams & Wilkins Publishers; (January 1992) ASIN: 0397548133
4. Whaley & Wong's Nursing Care of Infants and Children (Book with CD-Rom for Windows & Macintosh) by Donna L. Wong (Editor), Lucille F. Whaley (Editor), David Wilson, Elizabeth Ahmann Publisher: Mosby; 6th edition (January 15, 1999) ISBN: 0323001505
5. Children and Their Families: the Continuum of Care by Vicky R. Bowden, Susan B. Dickey, Cindy Smith Greenberg, Kevin Law (Editor) Publisher: W B Saunders; 1st edition (January 15, 1998) ISBN: 0721651798
6. Clinical Nursing Skills: Basic to Advanced Skills (5th Edition) by Donna J. Duell, Barbara C. Martin, Sandra F. Smith Publisher: Prentice Hall; 5th edition (January 15, 2000) ISBN: 0838515665
7. Nutrition Handbook for Nursing Practice by Susan G. Dudek Publisher: Lippincott Williams & Wilkins Publishers; 2nd edition (January 1993) ASIN: 0397549288

Recommended Textbooks

1. Wong's Essentials of Pediatric Nursing (Book with CD-ROM) by Donna L. Wong (Editor), David Wilson, Marilyn Hockenberry-Eaton, Marilyn L. Winkelstein, Patricia Schwartz Publisher: Mosby, Inc.; 6th edition (January 15, 2001) ISBN: 0323009891
2. Maternal & Child Health Nursing: Care of the Childbearing & Childrearing Family by Adele Pillitteri, Beverly Ann Student Self-Study Cd-Rom to Accompany Pilli Tscheschlog, Sandra M. Nettina Publisher: Lippincott Williams & Wilkins Publishers; 2nd edition (August 15, 2002) ISBN: 0781736285
3. Workbook Maternal-Newborn Nursing: A Family and Community-Based Approach by Sally Olds, Patricia Wieland Ladewig, Marcia L. London, Sally B. Olds Publisher: Benjamin/Cummings; 6th edition (January 15, 2000) ISBN: 0805380744
4. Clinical Manual of Pediatric Nursing by Donna L. Wong, Lucille F. Whaley, Christina Algieri Kasprisin Publisher: Mosby; 3rd edition (December 1990) ASIN: 0801661447
5. Mosby's Pediatric Nursing Reference by Cecily L. Betz (Editor), Linda A. Sowden (Editor), Lynn Betz Publisher: Mosby, Inc.; 4th edition (January 15, 2000) ISBN: 0323009352
6. Pocket Companion for Physical Examination and Health Assessment by Carolyn Jarvis Publisher: W B Saunders; 3rd edition (January 2000) ISBN: 0721684343
7. Clinical Companion for Fundamentals of Nursing (6th Edition) by Karen Van Leuven (Editor), Barbara Kozier Publisher: Prentice Hall; 6th edition (December 19, 2000) ISBN: 0805383530
8. Nursing Diagnosis Handbook: A Guide to Planning Care by Betty J. Ackley (Editor), Gail B. Ladwig (Editor) Publisher: Mosby, Inc.; 5th edition (January 15, 2002) ISBN: 0323014593
9. Davis's Drug Guide for Nurses (Book with CD-ROM for Windows and Macintosh, 2.0) by Judith Hopfer Deglin, April Hazard Vallerand Publisher: F A Davis Co; 8th edition (July 15, 2002) ISBN: 0803609388
10. Dosage Calculations, 6E by Gloria D. Pickar Publisher: Delmar Learning; 6 edition (April 7, 1999) ISBN: 0766805042