

Global Learning Semesters

Course Syllabus

Course: NUR-110 Provision of Nursing Care I

Department: Life and Health Sciences

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
NUR-110	Provision of Nursing Care	5
Semester Offered	Contact Hours	Prerequisites
Please contact us	42-45	NUR-115, BIOL-105, CHEM-104
Department	Level of Course	Language of Instruction
Life and Health Sciences	Lower Division	English

Course Description

The aims of the course are to introduce to the students the concepts and interrelationships of human beings, health and nursing. The nursing process is presented as the framework for nursing practice with emphasis on the development of critical thinking ability. The course explores nursing roles of the provider of care and as member of the profession within the framework of contemporary nursing practice. Introduction to professional nursing issues and practices is integrated throughout the course with emphasis on wellness, home and community-based care. The course format is 5h/week lectures on theory, 2.2h/week conferencing with demonstrations discussions on applications of theory and 7.2h/week laboratory clinical experience which includes focus guides and instructions (2.5h/week) and student engagement in Professional Skill Activities (4.7h/week). Clinical Placement/Evaluation 3 weeks

Prerequisites

NUR-115, BIOL-105, CHEM-104

Topic Areas

The nature of nursing.

1. Historical and Contemporary Nursing Practice.
2. Nursing Education and Research. Theories and Conceptual Frameworks.

II. Health Beliefs and Practices.

3. Health, Wellness, and Illness.
4. Individual, Family, and Community Health.
5. Culture and Ethnicity. Spirituality.
6. Holistic Health Modalities.

III: Assessing Health and Components of Client Care.

7. Evidence base care-the role of the biological sciences in underpinning nursing practices
8. Functional characteristics common to humans and associated standard terminology

9. Health Assessment. Vital Signs
10. Asepsis, Safety, Hygiene, Medications

IV: Lifespan Development.

11. Concepts of Growth and Development.
12. Development from Conception through Adolescence; personal sexuality
13. Adulthood and the aged.
14. Humanistic perspectives of patient's psychology

Conferencing Topics

During conferencing there are student presentations or discussions of the fundamental knowledge and skills the student must develop with reference to specific examples of how the knowledge is applied.

1. Holistic Care; Promotion of Health
2. Eating and Drinking
3. Evidence base care
4. Stress, Adaptation and anxiety
5. Rest and Sleep
6. Safety/Hygiene
7. Infection Control
8. Universal Precautions and isolation of patients

Research Paper: Students can write a 2-3 page papers (6 in total for the course) on a chosen Conference topic of the week or a 6-7 page referenced research paper (3 in total).

Group Assignment: Students may work in small groups to prepare one presentation paper on a selected specific disease topic using for their discussions at least three reference papers

Laboratory Exercises

During the laboratory session the student exercises the fundamental knowledge gained and develops skills the nurse must possess to effectively deliver health care to clients.

1. Patient admission, transfer and discharge; Recording and Reporting
2. Personal Hygiene, Medical Asepsis; non-touch techniques; Cross infection
3. Patient hygiene, nutrition; bathing and bed making;
4. Patient Safety and comfort: Safe Client Environment
5. Body Mechanics, Posture, Patient transfer and positioning
6. First Aid; Breathing, Basic life support
7. Medical terminology: root words, prefixes, suffices
8. Urinary and bowel elimination;
9. Specimen collection
10. Binders and Bandages; Wound care and irrigations
11. Base-line observations - Pulse, B/P, Respirations and temperature recordings

Clinical Skills Schedule: The schedule is completed and competencies evaluated by the student and is shown to the personal tutor of the student once in the middle and at the end of the semester, so that progress on skill acquisition is monitored.

Clinical placement (two weeks) and evaluation (one week):

Assignments:

a) Clinical: Assignments are given to the student three days in advance. The student has to prepare a clinical pathway of care and present in a written and verbal manner as requested by the clinical faculty in the morning of the placement commencing day. Assessment and appraisal of the client's pathway continues during the clinical assignment. Students may be asked to participate in peer review of clinical pathways.

Clinical conference: At the end of each clinical session the student has a conference with the clinical faculty/instructor. The student portion of the evaluation form has to be completed by the student first.

b) Anecdotal evaluation: The anecdotal evaluation of the previous week's clinical experiences has to be handed in Monday morning and includes the following:

1. Self evaluation
2. Evaluation of personal and professional goals achieved during the previous week
3. Degree of accomplishment of goals and future plans to further develop these goals
4. Critique of client's progress or lack of it
5. Collaboration with the health care team in the care of client.

Clinical portfolio:

Student's course work during the year is placed in a clinical portfolio by semester and is part of the clinical evaluation. For each course the minimum requirements are the students' skills schedules, one PLA attendance and documentation record, one evidence-based nursing care plan per course.

Readings and Resources

Required Textbooks

1. Fundamentals of Nursing: Concepts, Process, and Practice by Barbara Kozier, Glenora Erb, Rita Olivieri
Publisher: Addison-Wesley Publishing; 4th edition (April 1991) ASIN: 0201092026
2. Legal and Ethical Issues in Nursing (3rd Edition) by Ginny Wacker Guido, Ginny Walker Guido
Publisher: Prentice Hall; 3rd edition (July 15, 2000) ISBN: 0838556590
3. Clinical Nursing Skills & Techniques by Anne Griffin Perry, Patricia Ann Potter, Anne G. Perry, Patricia A. Potter
Publisher: Mosby, Inc.; 5th edition (June 15, 2001) ISBN: 0323014062

Recommended Textbooks

1. Fundamental Skills and Concepts in Patient Care by Barbara Kuhn Timby (Editor)
Publisher: Lippincott Williams & Wilkins Publishers; 7th edition (January 15, 2001) ISBN: 0781718783
2. Study Guide to Accompany Fundamental Skills and Concepts in Patient Care by Barbara R. Timby, Barbara R. Stright
Publisher: Lippincott Williams & Wilkins Publishers; 7th edition (January 15, 2001) ISBN: 0781723175
3. Foundations of Nursing: Caring for the Whole Person
by Lois White
Publisher: Delmar Learning; 1 edition (February 29, 2000) ISBN: 0766808262
4. Study Guide to Accompany Foundations of Nursing: Caring for the Whole Person by Lois White
Publisher: Delmar Publishers; 1st edition (January 15, 2001) ISBN: 0766808270
5. Essentials of Nutrition and Diet Therapy (With CD-ROM for Windows and Macintosh) by Sue Rodwell
Williams
Publisher: Mosby; 7th edition (January 15, 1999) ASIN: 0323003982
6. Taber's Cyclopedic Medical Dictionary (18th Ed) by Clayton L. Thomas (Editor), Robert H., Jr. Craven F A Davis Co;
18th edition (February 1997) ASIN: 080360193X
7. Mosby's Medical, Nursing & Allied Health Dictionary by Kenneth N. Anderson (Editor), Patricia D. Novak, Jeff Keith
Publisher: W B Saunders Co; 6th edition (January 15, 2002) ISBN: 0323014305
8. The Discipline of Nursing: An Introduction, Fourth Edition by Margaret O'Bryan Doheny, Christina Benson Cook, Mary Constance Stopper (Contributor)
Publisher: Prentice Hall; 4th edition (January 15, 1997) ISBN: 0838517161