

Global Learning Semesters

Course Syllabus

Course: EDUC-151 Physical Education & Games I

Department: Education

Host Institution: University of Nicosia, Nicosia, Cyprus



| Course Summary | | |
|------------------|------------------------------|--------------------------|
| Course Code | Course Title | Recommended Credit Hours |
| EDUC-151 | Physical Education & Games I | 1 |
| Semester Offered | Contact Hours | Prerequisites |
| Spring | 42 | None |
| Department | Level of Course | Language of Instruction |
| Education | Lower Division | Greek |

Course Description

Body exercise. Physical education and games in the nursery school. Games for small children. Rhythmic movement and simple dancing combinations. The organization of a Physical Education-Games lesson in the nursery school.

Instructor

Ms Antigoni Tamba

Course Aims and Objectives

Students will be able to: develop the physical capacity apply games and exercises appropriate for children

Teaching Methods

The course is delivered through a mixture of lectures and practical exercises.

Course Teaching Hours

42 hours. The course is delivered during the Fall semester in 14-weeks (3 hours/week).

Evaluation and Grading

Homework: 20%
Mid-Term: 30%
Final Exam: 40%
Participation: 10%

Readings and Resources

Required Textbook

Nikopoulou-Georgiou, E. (1995). Collection of games and exercises appropriate for young children.