

# Global Learning Semesters

## Course Syllabus

Course: EDUC-125 Baby and Child Care

Department: Education

Host Institution: University of Nicosia, Nicosia, Cyprus



Course Summary		
Course Code	Course Title	Recommended Credit Hours
EDUC-125	Baby and Child Care	3
Semester Offered	Contact Hours	Prerequisites
Fall	42	None
Department	Level of Course	Language of Instruction
Education	Lower Division	Greek

### Course Description

The bodily development of children from conception to birth and up to the age of puberty. Basic baby care: feeding, dressing, cleaning. Breast feeding and its importance. The various kinds of baby food. Balance diet for babies and children. Vitamins. Rest and sleep. Good posture and effects of bad posture. The psychomotor development of the child. Compensatory experience by the child: thumb-sucking, change of position etc. The commonest baby diseases (protection, symptoms and recommended measures). Activities and games conducive to learning. Music and rhythmical movements and their importance. Professional ethics

### Instructor

Dr Anastasia Symeou

### Course Aims and Objectives

Gain knowledge regarding the biological development of infants and children

### Teaching Methods

The course is delivered through a mixture of lectures and practical exercises and assignments.

### Course Teaching Hours

42 hours. The course is delivered during the fall semester in 14-weeks (3 hours/week).

### Evaluation and Grading

Homework: 20%  
Mid-Term: 30%  
Final Exam: 40%  
Participation: 10%

## Readings and Resources

### **Required Textbook**

Livada. Brefokomika.

### **Recommended Reading**

Barbara Zukunt-Huber: Step by step. Development of the infant