**FAQs about January Term: Healthcare in the UK**

* How should I dress for England?
	+ You should have clothes that are nice looking, but comfortable (no sweats other than for sleeping). European dress is slightly more formal than that of the US; you will not see people in public wearing sweatpants and Uggs. You will want to have some nicer clothes for the days when we have professional visits, and can dress down in comfortable clothes for touring and travel days. Layers are recommended as it will be chilly in January; sweaters are always a good idea. Europe is very rainy in the winter so a water-repellant coat, and/or umbrella are musts. You will also be doing a lot of walking so sensible shoes are a good idea. While acceptable, tennis shoes (trainers) are not everyday wear in Europe, comfortable boots or loafers are preferred. A typical day’s dress might include: comfortable jeans or slacks, a camisole or undershirt, a sweater or nice shirt, a coat (and umbrella if not water-repellant), and nice (but comfortable), waterproof shoes.
	+ You should not bring: tight and/or revealing clothing, short skirts or shorts, t-shirts printed with anything crude or vulgar.
* Where will we be staying in England?
	+ You will be staying in hotels in Canterbury and in London in twins and triple rooms. Hotel rooms in England are generally smaller than what you are used to, but you will not be spending much time in the room. Breakfast will be provided.
* What vaccinations are needed for the trip to England?
	+ No vaccinations are required, but the Centers for Disease Control and Prevention offers recommendations for vaccinations you may consider for the UK. <http://wwwnc.cdc.gov/travel/destinations/traveler/none/united-kingdom>
* How much extra spending money should I bring?
	+ Most expenses will be covered, but you will need money for lunches and dinners, and for spending money. We encourage students to have $300 to $600 accessible to them. Currently, one U.S. dollar is equivalent to 0.80 British pounds. There are ATMs available in both cities, but it is important to remember that many small stores (i.e. gift shops) may not accept credit cards, especially those that are not Chip and Pin cards.
* What about our safety in the England?
	+ The safety, health, and well-being of students is our first priority. We regularly review information from the U.S. State Department and our insurance company and use this information in making our travel plans. We will also have a thorough orientation in November to cover safety issues, and these will be addressed again once you arrive in Europe. England generally has low levels of violent crime (lower than the United States), so if you take some basic precautions, you should not have any problems.
* How can I apply to the program?
	+ Use the online application link. You will be required to fill out the following 11 forms: advisor review, disciplinary clearance, essay questions, faculty admittance, optional travel insurance, health, medical insurance, passport, liability release, emergency contact, and program payment. You will be responsible for paying a $250 non-refundable deposit initially through the online payment system and then pay the remainder by a designated date in the fall term. You will also need to register for the January term course GS 159.
* What kind of homework can I expect in this course?
	+ This is a three credit course which meets the global awareness domain, so be prepared to learn, both in and out of the classroom. You will be expected to complete a set of readings and class discussions related to US and UK healthcare and British culture, to participate actively in all class activities and discussions, complete written assignments, and do an oral presentation when you return. Most of the homework will be completed when you are in the US, freeing up your time in England.
* What is the typical weather in Europe during the month of January?
	+ England is ***very*** rainy in the winter. Average temperatures range from the low-30’s to mid-40’s. The closer proximity to the coastline will increase the chill in the air, please keep this in mind when packing.
* Will I…
	+ Get homesick?
		- Your exciting schedule may stave off homesickness partially or completely if you allow yourself to get caught up in the experience. However, homesickness is not uncommon and is nothing to be ashamed of. If you do experience homesickness, the best thing you can do is talk to someone who is traveling with you. They may be experiencing the same feelings and/or have worked through similar feelings. It is important to remember that you will only be away for 2 weeks, and in that time you will be seeing and experiencing many amazing things, allow yourself to enjoy the experience.
	+ Make friends?
		- You will be traveling with a large group of people and rooming with at least one roommate at each hotel. You will have many opportunities to make friends with your companions, and also meet new people as you travel around. If you open yourself up to talking with new people, friendships are inevitable.